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Dear Community,

In the past year, it has become clearer than ever that Just Food is a lifeline for over 20,000 Douglas County community members. Through our direct service pantry, home delivery services, mobile pantry, and our network of partner agencies and satellite pantries, we have distributed the thousands of pounds of food and essential supplies like diapers and kitchen items that community members need to make ends meet.

We are only able to do what we do with support from community members. Nearly 84% of our revenue last year came from individual contributors. These are folks who understand the challenge of navigating financial needs, especially in times of great difficulty like the COVID-19 pandemic. What we have to remember, though, is that food insecurity existed before the pandemic, and it will continue to persist unless we do the work of addressing systemic inequities and generational poverty. At Just Food, we believe in food justice. No one should go hungry in our community, and we look forward to the day when food insecurity is eradicated.

Sincerely,

Brett Salsbury
Interim Executive Director
OUR MISSION IS TO END HUNGER IN OUR COMMUNITY BY

Increasing access to healthy foods

Reducing barriers to health and well-being

Cultivating self-sufficiency
THE JUST FOOD TEAM

BRETT SALSURY
Interim Executive Director

AUNDREA WALKER
Director of Impact

RYAN BOWERSOX
Director of Outreach and Marketing

PAUL PEACH
Director of Operations

TORY ROBERSON
Food Recovery Manager

CHETAN MICHELIE
Sourcing and Production Manager

CHARLES SHIVELY
Community Access Manager

WAYNE BRIGGS
Warehouse and Waste Reduction Manager

JULIE NELSON
Volunteer Manager

STEVE DEINES
Pantry Manager
ETHNICITY

- White 51.8%
- Undisclosed/Other 13.3%
- Hispanic 8.8%
- Black 9.1%
- Multi-Raced 8%
- Native American 6.5%
- Asian & Pacific Islander 2.2%
- Middle Eastern & N. African 0.17%

HEALTH & HUNGER

according to our 2022 shopper survey:

- 43% of shoppers or one of their family members have high blood pressure
- 30% of shoppers or one of their family members have high cholesterol
- 25% of shoppers or one of their family members have type-2 diabetes
Thank you for being sensitive to good nutrition needs and for listening and serving the community. I am very impressed with all you do. I am on a fixed income and this really helps.

-Just Food Shopper
REDUCING BARRIERS
Our shoppers come to us as they are. It is a central philosophy of our organization to make the healthy choice the easy choice, and to create as many access points as possible in order to increase our community outreach and get food in the hands of those who need it. The COVID-19 pandemic demonstrated to us that not everyone can make it to our location. In order to fulfill our mission, we need to adapt and expand. This led to focusing on two distinct programs: our mobile pantry, the Cruising Cupboard (started in 2019), and our weekly home delivery program (started in 2020).

1,681 home deliveries
1,387 individuals served at Cruising Cupboard

LOCATION OF SHOPPERS

<table>
<thead>
<tr>
<th>Location</th>
<th>Number of Shoppers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lawrence</td>
<td>10,000</td>
</tr>
<tr>
<td>Eudora</td>
<td>7,500</td>
</tr>
<tr>
<td>Baldwin City</td>
<td>5,000</td>
</tr>
<tr>
<td>Lecompton</td>
<td>2,500</td>
</tr>
<tr>
<td>Other/Unknown</td>
<td>0</td>
</tr>
</tbody>
</table>

CRUISING CUPBOARD STOPS:
- Baldwin City
- Lecompton
- Eudora

LAWRENCE:
- Starbucks on 23rd
- Lawrence Public Lib.
- Holcom Park
- "Dad" Perry Park
The Care Cupboard at Heartland Community Health Center opened in September 2019 in partnership with Just Food and Harvesters. This innovative pantry closes the health and hunger gap by operating within Heartland, providing shoppers with reduced barriers to access the food they need to thrive and combat food-related illnesses.

In 2022, Heartland Community Health Center opened a brand new clinic, pharmacy and food pantry at their new location at 1312 W 6th St. in Lawrence, serving up to 125 households each week.

<table>
<thead>
<tr>
<th>CLASSROOM CUPBOARDS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lawrence HS</td>
</tr>
<tr>
<td>Liberty Memorial MS</td>
</tr>
<tr>
<td>Baldwin Schools</td>
</tr>
<tr>
<td>Eudora Schools</td>
</tr>
<tr>
<td>Cordley Elem.</td>
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<tr>
<td>New York Elem.</td>
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<tr>
<td>Broken Arrow Elem.</td>
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<tr>
<td>Woodlawn Elem.</td>
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<tr>
<td>Sunflower Elem.</td>
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<tr>
<td>Sunset Hill Elem.</td>
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<tr>
<td>Schwegler Elem.</td>
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<tr>
<td>Hillcrest Elem.</td>
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<tr>
<td>Pinckney Elem.</td>
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<tr>
<th>CAMPUS CUPBOARDS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Kansas</td>
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<tr>
<td>Haskell LIGHT/Sacred Ground</td>
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<tr>
<th>OTHER ORGANIZATIONS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bert Nash</td>
</tr>
<tr>
<td>Ballard Center</td>
</tr>
<tr>
<td>Heartland Care Cupboard</td>
</tr>
<tr>
<td>LDCHA</td>
</tr>
<tr>
<td>Douglas County</td>
</tr>
<tr>
<td>Community Corrections</td>
</tr>
<tr>
<td>ECM</td>
</tr>
<tr>
<td>Trinity Episcopal Church</td>
</tr>
<tr>
<td>DARE Center</td>
</tr>
<tr>
<td>Lawrence Community Shelter</td>
</tr>
<tr>
<td>Eudora Pantry (St. Paul)</td>
</tr>
<tr>
<td>Salvation Army</td>
</tr>
<tr>
<td>Stull United Methodist Church</td>
</tr>
<tr>
<td>Lecompton United Methodist Church</td>
</tr>
<tr>
<td>Prairie Ridge Apartments</td>
</tr>
<tr>
<td>Sunrise Project</td>
</tr>
</tbody>
</table>

Partner pantries see an average of 5,000 visits per month.
BASIC NEEDS

Just Food is more than just the food bank of Douglas County. As a member of both the National Diaper Bank Network and the Alliance for Period Supplies, Just Food serves as the diaper and period supply bank for the county as well.

101,790 diapers were distributed to the Douglas County community in 2021

57% of parents experiencing diaper need who rely on child care said they missed an average of four days of school or work in the past month because they didn’t have diapers.

Source: National Diaper Bank Network

Over 1 in 3 low-income menstruators have reported missing school, work, or similar events due to lack of access to period supplies.

Source: Alliance for Period Supplies
SELF-SUFFICIENCY
Food insecurity and hunger do not exist in isolation, as families are affected by multiple, overlapping issues. Together, these issues are important social determinants of health. At Just Food, we believe any responses to food insecurity must also address the overlapping challenges our friends and neighbors face each day. Our programs aim to reduce barriers to health and well-being, and cultivate self-sufficiency.

COOKING:
Just Cook is a series of free cooking classes that teaches folks of all ages how to cook healthy meals for just a few dollars per serving.

GROWING:
Just Grow provides education through experience growing food in Just Food’s community garden.

POTS & PAN-TRY
Pots & Pan-try is a program that supplies high quality kitchen supplies to families and individuals in Douglas County. Items not only include pots and pans, but hot plates, silverware, can openers, measuring cups and more.

94 households were supplied with needed kitchen items July 2021-2022
VOLUNTEER IMPACT

Just Food relies on its community of volunteers to be the ambassadors of our mission. Our main pantry hosts up to 30 volunteers each day to keep our operations going. Our volunteers come to Just Food in a variety of ways, just like our shoppers. Just Food’s gratitude towards these community members goes beyond hours served. Their time, dedication, and kindness is an invaluable part of the shopping experience.

20,077
hours of donated
time from volunteers
equivalent to ten full
time employees

850
unique
volunteers

"Volunteering has been a good fit for me. It's such an authentic way to be able to connect with people in our community."

-Just Food Pantry Volunteer
OUR 2021 HUNGER ACTION BREAKFAST AWARD WINNERS

JACKI BECKER
Ann Weick
Leadership Award Winner

J. WILSON'S
Juan Carlos Tovar-Ballagh
Culinary Community Member of the Year Award Winner

FRANK BORROR
Carol Leffler
Volunteer of the Year Award Winner
ADDING VALUE TO FOOD

In August 2022, Just Food announced that the organization signed a lease agreement to take over the space at 805 Vermont Street in Downtown Lawrence. This location’s purpose is to serve primarily as a production facility for the organization, where recovered foods will be turned into ready-to-eat meals that will be available to Just Food shoppers. This dedicated space will allow Just Food to continue to meet the needs of our shoppers and reduce barriers to healthy foods.

“This program will serve both ends: it will provide more ready-to-eat meals, and it will also curb food waste numbers by adding value to donated and recovered food.”

-Brett Salsbury
Interim Executive Director

108 BILLION pounds of food is wasted in the United States each year

That is equivalent to:

130 BILLION MEALS

source: Feeding America
Food Recovery 59.8%
In-Kind Donations 30.5%
Food Drives 4.9%
Farm Gleaning 4.7%

616,121 LBS of food were recovered from our food recovery partners
19,108 LBS of food waste was composted

U.S. food loss and waste (production, transportation, and handling of food) embodies 170 million metric tons of carbon dioxide equivalent to the annual CO2 emissions of 42 coal-fired power plants. When food ends up in landfills, it generates methane, an even more potent greenhouse gas.

Food waste is the single most common material landfilled and incinerated in the U.S.

source: USDA and EPA
2021 Harvest Feast

game gala

a benefit for Just Food

November 19th, 2021
OUR EVENTS

KS FOOD TRUCK FESTIVAL
MAY 7 • 2022
"When people struggle it's often hard for them to reach out for help. Knowing that an establishment such as this exists in a community was beyond overwhelming to us. There were so many helpful staff and volunteers as well as plenty of options to choose from for our entire family. They have a great thing here and not only did they offer food they offered fresh milk, eggs, fresh meat, fresh vegetables and fruits as well as bagged salads, breads, cake, dried goods and even household things and menstrual products.

I couldn't be more grateful over the fact that this exists, let alone it was there for us in a time of need and approved us without any trouble at all when we desperately needed their help.

Living in a society where we now sometimes have to choose between paying our bills and eating or us eating or our kids eating, it's nice to know that someone in the community has our back and is able to assist us."

-Just Food Shopper
**REVENUE**

- The United Way: 2.1%
- Grants: 3.3%
- Events: 7.5%
- Local Government: 3.3%
- General Contributions: 83.8%

**EXPENSES**

- Programs
- Food Purchasing: 30%
- Management: 20%
- Fundraising: 10%