



DOUGLAS COUNTY FOOD RESOURCES

<https://tinyurl.com/yicsbso5h>



Resources are subject to change

**For additions or edits, contact:
K-State Research and Extension - Douglas County
fwillenb@ksu.edu or 785-843-7058**



Introduction

This guide is a product of a Douglas County and LiveWell Douglas County - Healthy Kids and Healthy Food for All Initiative. This collaborative document shares community food resources available in the Douglas County area, and can be found at <https://tinyurl.com/ycsbso5h>.

If you would like your organization listed or your organization information changed/updated, please contact K-State Research and Extension - Douglas County at fwillenb@ksu.edu or 785-843-7058. Please be sure to include your organization, phone number and email to receive a response.

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An equal opportunity provider and employer.

Baldwin City

Food Pantry/Food Access

Cruising Cupboard - Baldwin Public Library

Address: Baldwin Public Library (800 7th St, Baldwin City, KS 66006)

Hours: First Wednesday of the Month (10:30 am - 11:30 am)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Baldwin United Methodist Church - Grocery Store Vouchers

Address: 704 Eighth St, Baldwin City, KS 66006

Hours: Second and fourth Saturday of the month, January - March (10:00 to 10:30 am)

Phone: (785) 594-6612

Description: The pantry will be giving out grocery store vouchers and milk vouchers. First come first serve. Drive thru only in the East parking lot.

New Assembly of God

Address: 118 5th St, Baldwin City, KS 66006

Hours:

- Food Pantry: Tuesday (3 p.m. to 5 p.m.), Wednesday (9 a.m. to 11 a.m.)
- Mobile Food Distribution: Fourth Thursday of the Month (10 a.m. to 11 a.m.)

Description:

- Food Pantry: A pantry volunteer will come up to your car with a list of food items, you'll check the items you want, and they will bring it to your car.
- Mobile Food Distribution: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

Community Meals for Youth

Baldwin School District Summer Food Service Program

-Details to be announced for 2022-

Baldwin School District School Food & Nutrition Program

Meals are served free to any child age 1-18, whether you live in the school district boundary or not. They are also available to people over 18 who participate in school programs for people who are mentally or physically disabled.

Location: Baldwin Elementary Intermediate Center - North Bus Lane (100 Bullpup Dr, Baldwin City, KS 66006)

Hours: Wednesdays 1:00 - 1:30 p.m.

Description: Sign up for meals at

<https://www.usd348.com/for-parents/food-service/breakfast-lunch-ordering/>. This order form is due by 9:00 a.m. on Monday. If neither the children or parent is present at pick-up, the parent/guardian will need to complete a consent form

(https://www.usd348.com/wp-content/uploads/2021/05/SY2021_Consent_for_Disclosure.pdf).

The designated adult will need to turn in this form at meal pick up. Please email foodandnutrition@usd348.com or call 785-594-2721 as soon as you can if you are no longer able to pick up the meals you ordered.

Baldwin City School District Pantries

Baldwin High School has a food pantry available for enrolled students. Contact Autumn Weiss (email:aweiss@usd348.com; Phone:785-594-2725 ext. 210) for more information.

Baldwin City School District Free & Reduced Meals and Applications

No application is needed this school year. Meals are free to all students regardless of economic status. However, families who complete the Household Economic Survey (<https://www.usd348.com/for-parents/online-payments/>) may receive additional benefits such as reduced textbook and activity fees.

Community Meals for Seniors

Homestead Kitchen & Bakery

Location: 719 8th St. Baldwin City, Kansas

Hours: Tuesday - Friday (8 am - 2pm), Saturday (8 am - noon)

Phone: (785) 766-3442

Requirements: Be a senior living in Baldwin City, KS.

Description: Homestead Kitchen & Bakery is providing \$3 lunches for seniors every Tuesday and Thursday.

Eudora

Food Pantry/Food Access

Cruising Cupboard: Eudora Public Library

Address: 14 E 9th St, Eudora, KS 66025

Dates: Fourth Thursday of the Month (4:30 pm - 5:30 pm)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Eudora United Methodist Church

Address: 2084 N 1300 Rd. Eudora, KS 66025

Hours: Third Wednesday of the Month (10 AM - 11 AM)

Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis. We will not be loading inside the seats of the vehicles so please have space in your trunk or cargo for us to load! Let's keep everyone safe!

St. Paul's United Church of Christ

Address: 738 Church St, Eudora, KS 66025

Hours: Wednesdays (9 a.m. to 12 p.m.)

Description: Pantry items available for those in need outside of the pantry. Pantry shoppers will not be allowed inside of the pantry at this time.

Community Meals for Youth

Bird's Nest School Food Pantries

Description: Provides Eudora School students with food to take home or to have a snack at school. Pantry items include fresh produce, dry and canned goods, and hygiene items. Students and their families can contact their school building for requests.

Free Meals for Eudora Students to Start the 2020-2021 School Year

Beginning Tuesday, September 8, 2020, all Eudora Schools students will eat (**breakfast and lunch**) at **no cost** to their families. This will run through June 30, 2021.

We also want to take this time to remind families to complete the federal Free and Reduced Meal Program application if they have not already done so. The Free and Reduced Meal Program is designed to help families. You may stop by our schools and pick up a copy of the application. [Or, you can click here to access and print the federal free and reduced meal application](#)

Even though we have access to free meals for all students to begin the 2020-2021 school year, it is important for families to complete the federal Free and Reduced Meal Program application. This will ensure qualifying families will not be charged full prices when the funding for the federal meals for all students ends or runs out later this year.

Should you have any questions, please contact Robert Wood, Director of Food and Nutrition Services, via email at robertwood@eudoraschools.org.

Eudora School District Free & Reduced Meals and Applications

Free & reduced-price meal info: <https://bit.ly/2VRESAf>

Application: <https://bit.ly/2z4k7bm>

- Please fill out and return to Robert Wood at Eudora Elementary School. If you have any questions, please call 785-542-4987.

Consent for Disclosure Form: <https://bit.ly/3f6BeKh>

- Fill out this form along with the free & reduced-price meal application to see if you qualify for other programs that reduce fees.

Description: Limited income families with children may be eligible for free or reduced-priced public school meals. We encourage you to apply for free or reduced-price school meals if you haven't already.

Lawrence

Food Pantry/Food Access

Ballard Center Pantry

Address: 708 Elm St, Lawrence, KS 66044

Hours:

- Food, Clothing, Diapers & Personal Care Pantry: Monday – Friday (10 a.m. – 5 p.m. by appointment only)
- Off-Site Mobile Food Distribution: At the Douglas County Fairgrounds (1930 Harper St, Lawrence, KS 66046) 2nd and 4th Tuesday of the month (10 a.m. - Registration begins @ 8:30)
- Donations: Monday - Friday (noon - 5 p.m.)

Description:

- Food & Clothing Pantry
 - By appointment only. Call 785-842-0729 to make an appointment.
 - Intake information will be taken by phone at the time clients schedule.
 - Time in the pantry will be limited, so clients should plan to arrive at their scheduled time.
 - Masks are required and temperatures will be taken.
- Off-Site Mobile Food Distribution
 - Due to CV-19, all recipients will remain in their cars and, masked, gloved volunteers will load food. Registration begins at 8:30 a.m. with distribution taking place at approximately 10 a.m.
- Donations: Drop off at 708 Elm St, Lawrence, KS 66044
- To volunteer: contact yasmine@ballardcenter.org

Campus Cupboard

Address: 1301 Jayhawk Blvd., Lawrence, KS 66045 (located on level 4)

Hours: Monday, Tuesday, and Thursday (8 a.m. to 4 p.m.)

Phone: 785-864-4060

Email: campuscupboard@ku.edu

Description: The Campus Cupboard is a food pantry for KU students, faculty, staff and affiliates. It was created to address and reduce food insecurity among our campus community. The Campus Cupboard is located on Level 4 of the Kansas Union and accessible from both the Student Involvement and Leadership Center and the Sabatini Multicultural Resource Center. Only one individual is allowed in the pantry at a time and masks are required.

Care Cupboard at Heartland Community Health Center

A partner and satellite location of Just Food.

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Updated: 02/11/2022

Address: 1312 W. 6th St., Lawrence, KS 66044 - North Entrance (back of building)

Hours: Monday - Friday (9 a.m. – 5 p.m.)

Phone: (785) 841-7297

Email: carecupboard@heartlandhealth.org

Description: In-person total choice shopping. Max of 4 households at a time. Masks are required.

*Shoppers may visit one Just Food location per week (Care Cupboard, Just Food, or Just Food's Cruising Cupboard)

Catholic Charities

Address: 1525 W. 6th St, Suite A&B (5th & Minnesota St. by Advantage Car Parts)

Hours: Monday - Thursday (9 am - 4 pm)

Phone: 785-856-2694

Description: Catholic Charities serves all and offers client choice shopping for their clients. Households may visit the pantry once every 30 days.

Cruising Cupboard: Lawrence Public Library

Address: Front of Lawrence Public Library ([707 Vermont St Lawrence, KS 66044](#))

Dates: Second and Fourth Wednesday of the Month (10:30 a.m. - 11:30 a.m.)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Cruising Cupboard: "Dad" Perry Park

Address: 1200 Monterey Way, Lawrence, KS 66049

Dates: Third Wednesday of the Month (10:30 a.m. - 11:30 a.m.)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Cruising Cupboard: Starbucks on 23rd St.

Address: 1731 W 23rd St, Lawrence, KS 66046

Dates: Second Thursday of the Month (4:30 p.m. - 5:30 p.m.)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Cruising Cupboard: Holcom Park

Address: 2700 W 27th St, Lawrence, KS 66047

Dates: Third Thursday of the Month (4:30 p.m. - 5:30 p.m.)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

DARE Center Food/Supplies pantry

Address: 944 Kentucky St, Lawrence, KS 66044

Hours: Tuesday, Thursday, & Friday (2 pm - 6 pm)

Phone: 785-856-0698

Description: They offer an abbreviated program of laundry facilities, and distribution of hygiene items, bus passes, snack food, camping equipment, and information about other local resources. If necessary, inquiries may be made to the DARE Director, Loring Henderson, at 785-764-2095.

Douglas County Fairgrounds - Hosted by Ballard Center Pantry

Address: 1930 Harper Main Indoor Arena, Lawrence, KS 66044

Hours: Second & Fourth Tuesday of the month (10 am - Registration begins @ 8:30)

Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

ECKAN Food Pantry

Address: 2518 Ridge Ct, Suite #101, Lawrence, KS 66046

Hours:

- Office: Monday – Friday (9 am – 12 pm, 1 pm – 4 pm)
- Food Pantry: Monday, Wednesday, and Thursday (9 a.m. – 3 p.m.)

Phone: (785)841-3357

Description: By appointment only. Call (785) 841-3357 to schedule an appointment.

First Baptist Church

Address: 1330 Kasold Dr, Lawrence, KS 66049

Hours:

- Food Pantry: Wednesday (12:00 PM - 2:00 PM), 1st and 3rd Wednesday (5:30 - 6:30 pm)
- Mobile Food Distribution: 4th Saturday of every month 1:00 pm to 2:00 pm

Phone: 785-843-0020

Description:

- Food Pantry: Guests may shop our pantry for the items they would like. Masks required and social distancing practiced. We operate outdoors as much as the weather allows.

- Mobile Food Distribution: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

Free Market at Edgewood Homes

Address: 16th and Haskell, Lawrence, KS

Hours: Every Wednesday 4 - 6 pm, late May - end of October

Phone: 785-764-5899

Description: Fresh garden produce, sustainably grown by youth, is offered at no cost to anyone needing access to fresh produce and bread.

Heritage Baptist Church Food Pantry

Address: 1781 E 800 Rd, Lawrence, KS 66049

Hours: First and third Thursday of the month (4 - 6 p.m.)

Phone: 785-887-2200

Description: Pre-bagged food available for anyone in need.

Just Food

Address: 1000 E. 11th St. Lawrence, KS 66046

Hours: Tuesday & Thursday (9am - 6 pm), Wednesday & Friday (9am – 3pm)

Phone: (785) 856-7030

Donate to Sponsor a Grocery Box: <https://www.classy.org/give/276858/#!/donation/checkout>

Description:

- In-person total choice shopping guidelines:
 - 15 households are allowed to shop at a time
 - One shopper per household will be permitted inside (this includes children if possible)
 - Masks are mandatory to shop at Just Food *If you do not have one, one will be provided to you
 - Curbside pickup is no longer available
 - Home delivery is made once a week to homebound populations or those affected by COVID. Please call for more information.

Lawrence First United Methodist Church

Address: 867 Highway 40 Lawrence, KS 66049

Hours: Second Saturday of the month (11:00 AM to 12:00 PM)

Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

Salvation Army

Address: 946 New Hampshire - chapel on North side

Hours:

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Updated: 02/11/2022

- Mobile hot lunch distribution: Monday, Wednesday, Friday (1pm - 2pm)
- Food box pickup: Tuesday, Thursday (10am - 12pm)

Phone: 785-843-4188 (open in mornings)

Description:

- Mobile hot lunch distribution: From 11am to 1pm (MWF) the mobile kitchen makes unplanned stops around Lawrence and can be flagged down anywhere for a meal. The truck parks at The Salvation Army from 1pm to 2pm (MWF).
- Food box pickup: Boxes are being distributed at the front doors closest to the Lawrence Arts Center. You may visit once a week. If unable to pick up a box, case managers are also available to pick up for their clients.

Sunrise Project Food/Supplies pantry

Address: 1501 Learnard Ave, Lawrence, KS 66044

Phone: 785-865-1618

Description:

- Community pantry: Pickup any time on front porch. Items include a variety of food and personal care products. Take what you need and leave what you can.
- To-go community meals: First and third Wednesday of the month (5 p.m. - 6 p.m.)

Trinity Interfaith Pantry

Address: 1027 Vermont St, Lawrence, KS 66044 (pantry located in office building next to Trinity Episcopal Church)

Hours: Tuesdays (1:00 to 3:00 pm) and Saturdays (10:00 am to 12:00 pm)

Description:

Here is an overview of what you can expect:

1. Food is pre-bagged. Patrons should take a bag of food as directed.
2. A volunteer will then bring out a new set of food bags for the next patron.

Westwood House

Address: 1421 W 19th St, Lawrence, KS 66046

Hours:

Food Pantry: Monday – Thursday (3 – 5 pm), and by appointment

Blessings on the Go: Burritos (available from the food pantry)

“Vegans, Veggies, & Vibes” meal kit pick up: Wednesdays 4 - 6 pm (registration required)

Description:

Westwood House serves the KU community and is a collaborative campus ministry between Lutheran Campus Ministry and Wesley KU United Methodist Campus Ministry. We offer a food pantry, frozen burrito packs, and Vegans,

Veggies, & Vibes Meal Kits. Meal kits are available by registration each Wednesday for 1-4 servings. Included in the kit are ingredients, a recipe, and song recommendation. Sign-up

here: <https://www.signupgenius.com/go/10c0d4aacad2ea1f8c34-vegans> No religious affiliation

required. Note: we follow the KU calendar, operating while classes are in session. (Mask protocols follow KU and Douglas County.)

Community Meals for Youth

Lawrence School District Free Summer Meal Kits

-Details to be announced for 2022-

Lawrence School District Food Pantries

These schools have food pantries available for enrolled students. If your child is enrolled in one of the following schools, contact your school for more information.

Elementary Schools: Hillcrest, Schwegler, Sunset Hill, Broken Arrow, Sunflower, Woodlawn, Prairie Park, New York, Pinckney

Middle/Junior High: Billy Mills, Liberty Memorial Central

High School: Free State High School, Lawrence High School, Juvenile Detention Day School

Lawrence School District Free & Reduced Meals and Applications

-Details to be announced for 2022-

Community Meals for Seniors

CHAMPSS – Choosing Healthy Appetizing Meal Plan Solutions for Seniors

Program offered through Jayhawk Area Agency on Aging that allows seniors age 60 and older to choose from different entrees and eat spontaneously at their convenience seven days a week at CHAMPSS locations in Douglas County. There is a suggested donation of \$3.50 per meal and participants must participate in an orientation to enroll in the program.

Participating Locations:

Hy-Vee, 3504 Clinton Pkwy, Lawrence

- Hot deli hours: 6 AM - 11 AM; 11 AM - 1:30 PM; 4 PM - 8 PM

Dillons, 4701 W 6th St, Lawrence

Dillons, 1015 W 23rd St, Lawrence

Dillons, 1740 Massachusetts St, Lawrence

For information on how to enroll or order CHAMPSS meals during COVID-19, contact the Jayhawk Area Agency on Aging at **785-235-1367** or visit

<http://www.jhawkaaa.org/services/nutrition/>

CHAMPSS Orientation Video:

https://www.youtube.com/watch?v=Vf9da-FzRWk&feature=emb_title

Lawrence Meals on Wheels - Meal Delivery

Hours: Tuesday & Friday (11:15 am to 1:00 pm)

Requirements:

- Homebound
- Live in Lawrence
- Have a special dietary need

How to Access: To see if you qualify, call Lawrence Meals On Wheels at (785)830-8844 or email 4mealsonwheels@sbcglobal.net

Description: Lawrence Meals On Wheels serves hot, nutritious meals to the homebound elderly and/or disabled. The meals are purchased from Lawrence Memorial Hospital. LMH prepares the meals to meet the individual specifications of each diet order, under the supervision of a licensed dietician.

Community Meals

Archibowls

Address: 125 E 10th St, Lawrence, KS 66044

Hours: Tuesday - Sunday (12 pm - 8 pm) starting April 2021

Phone: 785-424-7822

Description: Free beans and rice bowls (vegan options available).

Global Cafe

Location: 820 Massachusetts Street

Hours: Saturdays & Sundays (9 am until they are gone)

Phone: 785-838-4600

Description: Free sack lunches (while supplies last). Hot coffee available upon request.

Jubilee Cafe Grab-and-Go service

Address: 946 Vermont St, Lawrence, KS 66044

Hours: Tuesday & Friday (6:15 am - 8 am)

Phone: 785-841-7500

Description: Coffee, water, juice, and prepackaged food items

LINK Dining Room

Address: First Christian Church (221 W 10th St, Lawrence, KS 66044)

Hours: Tue, Thu, Sat, Sun (1 to 2 pm)

Phone: 785-331-3663

Email: LINK.Kitchen@yahoo.com

Description: Serving to-go meals without using the dining room in the form of either nutritious sack lunches or lunches to-go style.

Sunrise Community Meal - To Go!

Address: 1501 Learnard Ave. Ste. E, Lawrence, Kansas 66044

Hours: First and third Wednesday of the month (5 p.m. - 6 p.m.)

Email: melissa@sunriseprojectks.org

Description: "We welcome everyone. Donations (\$0-\$6) accepted, but never required. Whether you need a night off from cooking or need a no-cost meal: Please drop by! For those who drive to Sunrise, please stay in your car and we will come to you to take your order. Walkers and bikers: Please practice physical distancing and hang back from our building. We'll come to you. We welcome you to park on the north side (15th) or on the east side (Learnard). If you are unable to come to us, but would like a meal, email melissa@sunriseprojectks.org to arrange a delivery. We will do our best to connect you with a volunteer!"

Veggie Lunch at ECM

Address: 1204 Oread Avenue, Lawrence, KS, 66044

Hours: Thursdays 11:30 am to 1:00 pm

Website: <https://www.ecmku.org/veggie-lunch>

Phone Number: 785-843-4933

Email: ecmatku@gmail.com

Description: Veggie Lunch is open to all and donation based, often featuring local and fresh produce from our community. Donations are how we are sustained, but all are welcome regardless of ability to donate. This year veggie lunch meals will be served to-go (with compostable utensils and containers) to keep both our volunteers and participants as safe as possible. Join us every Thursday for a healthy vegan meal to-go, and don't forget your mask!

Lecompton

Food Pantry

Cruising Cupboard - Lecompton United Methodist Church

Address: Lecompton United Methodist Church (402 Elmore St, Lecompton, KS 66050)

Dates: First Thursday of the Month (4:30 PM - 5:30 PM)

Description: A mobile version of Just Food's pantry where shoppers have the choice to choose items (not a pre-packed box). Masks are required. If you're not a Just Food shopper yet, you can get signed up onsite.

Lecompton United Methodist Church

Address: 402 Elmore St, Lecompton, KS 66050 (basement of church, enter using the East door)

Hours: 3rd Saturday of the Month (7:30 to 11am)

Requirements: To utilize pantry you must be a resident of Perry Lecompton School District #343.

Description: Friends of the pantry will be asked to fill out a shopping list (provided) of perishable and non-perishable items. Shoppers will then fill your order and bring your bags to your vehicle. (No reusable bags, please). If you're unable to get out of the house, we are able to deliver or a family member can pick up items for you.

Stull United Methodist Church

Address: 1596 E 250 Rd, Lecompton, KS 66050

Website: stullumc.org

Email: stullumchurch@gmail.com

Hours:

- Food Pantry "Community Cupboard:" 1st & 3rd Thursdays of the month (7 - 8:30 p.m. - appointments available outside of these times - see below for details)
- Mobile Food Distribution: 4th Thursday of the Month (12 p.m. to 1 p.m.)

Description:

- Food Pantry "Community Cupboard:" Only one person per family may enter the pantry. Pantry shoppers can visit more than once a month.
 - To make an appointment: Email stullumchurch@gmail.com or leave a message on the church phone (785-887-6521)
 - Also offers personal hygiene products and often diapers/wipes upon request.

- “The Closet” operated with pantry offers gently used clothing/shoes for infants through adults and also has some new clothing available, as well as socks, underwear, hats, gloves, and coats.
- Mobile Food Distribution: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

Community Meals for Youth

Perry-Lecompton School District

We will offer breakfast and lunch, with 2 options each meal, to students enrolled in USD 343. Meals are available for all students who are learning at home that day, either online or hybrid remote learners. Menus can be viewed at <https://usd343.nutrislice.com/> also on the District website under the menu tab.

Meals will be ordered by calling the PLHS Kitchen at 785-597-5872. Orders must be called in by 9:00 am each day, please specify if order is for breakfast, lunch, or both. Meals can be picked up at the south side of PLHS at the Kitchen loading dock drive entrance. Pickup time will be from 11:00 am to 11:30 am. Please call the Kitchen when you arrive for meal pickup, and we will bring the order to you.

Plans may change with little notice, but you can be assured that we will do everything we can to maintain our program of serving safe and healthy meals to your students.

If you have any questions, comments, or concerns, please pass them along. Be safe, and thanks for all you do for your students!

COVID-19 Food/Nutrition Resources:

<https://www.usd343.net/vnews/display.v/ART/5ec40971909ee>

Perry-Lecompton School District Free & Reduced Meals and Applications

Free & reduced-price meal info: <https://bit.ly/35jTdIS>

Application: <https://bit.ly/2YjdMng>

- Return the completed application to Deb Brehm, PO Box 729, Perry, KS 66073

Consent for Disclosure form: <https://bit.ly/3aVSdLY>

- Fill out this form along with the free & reduced-price meal application to see if you qualify for other programs. Fees may be waived!

Description: Limited income families with children may be eligible for free or reduced-priced public school meals. We encourage you to apply for free or reduced-price school meals if you haven't already.

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Updated: 02/11/2022

General Douglas County Food Resources

Food Access Resources

Double Up Food Bucks

Double Up Food Bucks makes it easier for low-income families to eat fresh fruits and vegetables while supporting family farmers and growing local economies.

Double your dollars for buying fruits and vegetables with your EBT card.

Match every \$1 you spend at participating farmers markets and grocery stores in Kansas and Missouri with another \$1 FREE so you can buy more fruits and vegetables.

To check locations and dates, go to: doubleupheartland.org

Double Up Food Bucks Locations: <https://tinyurl.com/y4cpqvc2>

Harvesters

- Agency Locator: Find pantries, produce distributions, and meal sites in your area!
 - Directions: Go to <https://www.harvesters.org/get-food-assistance/snap-assistance> and type in a zip code. If you do not have internet access, call our Customer Care line at [816-929-3220](tel:816-929-3220) or toll-free at [877-653-9519](tel:877-653-9519).
- SNAP Helpline: Harvesters' SNAP Outreach team can help with questions on eligibility, new policies that are in place, and assist with applications over the phone. (SNAP is the program formerly known as food stamps).
 - Directions: Contact the SNAP Helpline at [877-653-9522](tel:877-653-9522) or email at snap@harvesters.org.

How to Apply for SNAP

- Through DCF self-service portal at: <https://cssp.kees.ks.gov/apspssp/>
- Via phone at: (785) 296-3271
- Paper applications are available outside DCF service centers. You can leave your completed application(s) in drop boxes outside the centers
- Harvesters Community Food Network can help you apply
 - Via phone: (877) 653-9522
 - More information: <https://www.harvesters.org/get-food-assistance/snap-assistance>
- Interviews can be conducted over the phone.

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Updated: 02/11/2022

- For application assistance provided by local organizations, visit https://www.douglas.k-state.edu/health-nutrition/docs4health_nutrition/How%20to%20Get%20a%20SNAP%20Application.pdf

Senior Meals

Commodity Supplemental Food Program (CSFP)

Description: CSFP serves a monthly food package to people 60 years of age or older with income less than 130% of the Federal Poverty Level (<https://tinyurl.com/yyctyjkm>). A monthly food package contains 10 food groups including: cheese, shelf stable milk, nonfat dry milk (every other month), peanut butter or dry beans, cereal, meat, vegetables, fruits, juice, and instant potatoes, rice or pasta.

Application (Return application to Harvesters):

Contact: Harvesters Community Food Network (3801 Topping Ave Kansas City, MO 64129)

Phone: 816-929-3065

Email: govprograms@harvesters.org

Website: www.harvesters.org

Income Guidelines:

<https://www.harvesters.org/wp-content/uploads/2021/09/CSFP-2021-Flyer.pdf>

Congregate Meal Site Pick Up (60 years or older, call to sign up)

Locations:

Eudora Recreation Center (1630 Elm St, Eudora, KS 66025)

Baldwin Healthcare and Rehab Center (1223 Orchard Ln, Baldwin City, KS 66006)

Babcock Place (1700 Massachusetts St, Lawrence, KS 66044)

Midland Care (319 Perry St, Lawrence, KS 66044)

Description: Fill Out the UPR form & Return (See Directions Below)

- Print the attached form and either email to mow@mowks.org, fax to 1-844-395-8849 or mail to: Meals on Wheels of Eastern Kansas, Inc, 2134 SW Westport Dr - Topeka, Kansas 66614.
- UPR Form Link: <http://www.mowks.org/pdfs/UPR.pdf>
- For UPR questions please call 785-430-2186

Meals on Wheels of Eastern Kansas

Address: 2134 SW Westport Dr, Topeka, KS 66614

Phone: 785-430-2186

Email: mow@mowks.org

Website: <http://www.mowks.org/>

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Updated: 02/11/2022

Description: Meals on Wheels of Eastern Kansas provides meals for older adults in Douglas, Shawnee, and Jefferson counties. Services include nutritious home-delivered meals for homebound, senior, or disabled individuals and congregate dining center meals for individuals over 60 (visit <http://www.mowks.org/services.shtml> for a full description of services). Call 785-430-2186 or email mow@mowks.org to learn more and see if you qualify.

Senior Resource Center - Senior Assistance for Grocery Access

Hours: Drivers (Mon - Fri 7:30 am - 3:00 pm)

If your food can't be picked up during these hours other arrangements can be made

Phone: 785-842-0543

leave a message with your name and phone number & we'll get back to you. The caller ID when we call back will show "blocked number".

Email: contact@YourSRC.org

Services:

1. Transportation to the grocery store - Call Senior Wheels to schedule a ride at 785-727-7876.
2. Assisting you to place an online grocery store order (Have your debit and credit card available)
3. Assisting you with registration with Just Food
4. Providing delivery of grocery orders or Just Food Boxes.